

Counselling

face-to-face and online



anger & stress



emotions



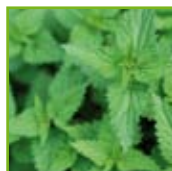
relationships



family problems



post trauma



stress at work

New Leaf offers a wide range of counselling services in Somerset. Since 1992 we have helped many clients see difficulties more objectively, learn to express their feelings better and come to terms with new or past experiences. Counselling is often a great opportunity to undertake personal development – it is not therefore necessary to 'have a problem' to find counselling a beneficial and enlightening experience.



In addition to the traditional face-to-face counselling, we also offer a very popular online service. This fantastic facility is available using Instant Messaging (with or without webcam) or Email. It is particularly beneficial for people who travel frequently.

For more information visit our website or give us a call:

www.newleaf.uk.com

07590 684888 info@newleaf.uk.com

New Leaf | PO Box 4 | Taunton | Somerset | TA1 9FN | UK